



Dear Kit Carson Parents and Student-Athletes,

As the new school year approaches in the fall, it is time to get prepared for your son or daughter to return to sports here at Kit Carson. There are three main criteria when it comes to being eligible for sports here at Kit Carson; Academic Success, Appropriate Citizenship including attendance, and Proper Paperwork. No prospective Student Athlete may participate in any tryout, practice, game, or any other team activity without the Proper Paperwork. The Proper Paperwork includes the following THREE forms:

1. SPORTS PHYSICAL FORM: All athletes must be signed off by a doctor, clearing them as physically fit to participate in interscholastic competition. This examination must take place on or after **July 1, 2021**.
2. AGREEMENT FOR TEAM PARTICIPATION: This is a parent permission form, which also must be signed by the student athlete. Please don't forget to fill out the section regarding personal *health insurance*. All student athletes must be insured by private insurance.
3. CONCUSSION AND HEAD INJURY INFORMATION SHEET: This is a parent and student form explaining what will happen should your son or daughter sustain a head injury.

These forms can be found on the school website under the ATHLETICS tab, in the front office, or with the Athletic Director. Please turn in all Athletic Paperwork directly to the coach on the first day of practice.

Here at Kit Carson, we provide a comprehensive array of sports. Hopefully, one or more of these offerings appeals to your student athlete.

Fall Season

Girls Volleyball-starts in Mid-August

CoEd Cross Country-starts in Mid-August

Winter Season

Girls Basketball-starts in Late September

Boys Basketball-starts in Late September

Spring Season

Girls Soccer-starts in February

Boys Soccer-starts in February

CoEd Track and Field-starts in March

CoEd Golf-starts in March

Hopefully, this rallies interest in playing sports here at Kit Carson. If at any time you have questions regarding athletics, please drop me an email at: jesse-hernandez@scusd.edu

Sincerely,

Jesse Hernandez

Athletic Director, Kit Carson